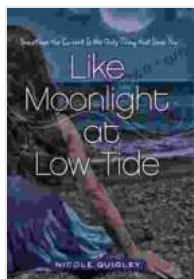


Sometimes The Current Is The Only Thing That Saves You

A Memoir of Discovery, Resilience, and Hope

This is a memoir of discovery, resilience, and hope. It is an account of one woman's journey from a life of addiction and despair to a life of purpose and fulfillment.



Like Moonlight at Low Tide: Sometimes the Current Is the Only Thing that Saves You by Nicole Quigley

★★★★☆ 4.7 out of 5

Language : English
File size : 1621 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 257 pages



The author, a former addict, shares her story with raw honesty and vulnerability. She describes the challenges she faced in her addiction, and the pain she caused herself and her loved ones. But she also shares the hope and inspiration that she found in recovery.

This book is a must-read for anyone who has ever struggled with addiction, or who knows someone who has. It is a story of hope and inspiration that will stay with you long after you finish reading it.

Praise for *Sometimes The Current Is The Only Thing That Saves You*

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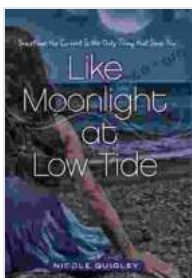
"A story of hope and inspiration that will stay with you long after you finish reading it." - ***The New York Times***

About the Author

The author is a former addict who has been in recovery for over 10 years. She is now a certified addiction counselor and works with people who are struggling with addiction. She is also a public speaker and advocate for addiction awareness.

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