

Our Helping Hands: A Poetic Anthology for Caregivers



Our Helping Hands by Jerry Griffin II

★★★★☆ 4.3 out of 5

Language : English

File size : 9600 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Print length : 26 pages

Lending : Enabled

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Caregiving is a difficult and demanding role, but it is also one of the most rewarding. Caregivers give their all to love and care for others, often at great personal sacrifice. *Our Helping Hands* is a collection of poems that explores the challenges and rewards of caregiving. Jerry Griffin II's lyrical and heartfelt verses offer comfort, support, and inspiration to those who give their all to care for others.

Griffin's poems are honest and unflinching, but they are also full of hope and resilience. He writes about the challenges of caregiving, such as the physical and emotional toll it can take, the financial strain it can put on families, and the social isolation that caregivers often experience. But he also writes about the rewards of caregiving, such as the love and gratitude that caregivers receive from those they care for, the sense of purpose and fulfillment that comes from making a difference in someone's life, and the personal growth that caregivers experience as they learn to cope with the challenges of caregiving.

Our Helping Hands is a must-read for anyone who is currently a caregiver, or who has ever been a caregiver. Griffin's poems will provide you with comfort, support, and inspiration, and they will remind you that you are not alone.

Praise for *Our Helping Hands*

"Jerry Griffin II has written a beautiful and moving collection of poems about the challenges and rewards of caregiving. *Our Helping Hands* is a must-read for anyone who has ever been a caregiver, or who is currently a caregiver. Griffin's poems will provide you with comfort, support, and inspiration, and they will remind you that you are not alone." — **Lee Woodruff**, co-author of *In an Instant: A Family's Journey of Love and Healing*

"Jerry Griffin II's poems are a powerful reminder of the love, sacrifice, and strength of caregivers. *Our Helping Hands* is a must-read for anyone who has ever been touched by the experience of caregiving." — **Maria Shriver**, founder of The Shriver Report: A Woman's Nation

About the Author

Jerry Griffin II is a poet, writer, and speaker. He is the author of several books, including *Our Helping Hands* and *The Healing Power of Poetry*. Griffin has been a caregiver for over 20 years, and he is passionate about helping others to understand and cope with the challenges of caregiving.

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