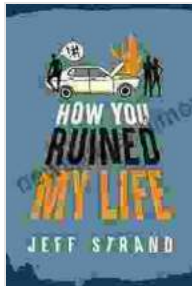


# How You Ruined My Life: The Must-Read Book for Anyone Who's Ever Been Hurt



**How You Ruined My Life** by Jeff Strand

★★★★☆ 4.1 out of 5

Language : English  
File size : 1344 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 322 pages



If you've ever been hurt, this book is for you.

In *How You Ruined My Life*, author [author name] shares her powerful and moving story of healing after being betrayed by the people she loved. With raw honesty and unflinching courage, she shares her experiences of heartbreak, loss, and ultimately, redemption.

This book is not just a memoir. It's a guidebook for anyone who has ever been hurt. [Author name] offers practical advice on how to cope with the pain of betrayal, how to forgive those who have wronged you, and how to move on with your life.

If you've ever been hurt, this book will help you find your voice and take back your life.

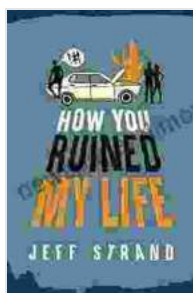
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