

December and January: Our Atoms Imbibe the Dark

A lyrical and haunting exploration of the darkest months of the year, from the author of the acclaimed novel *The Dream Thieves*.



December and January : Our Atoms Imbibe The Dark

by Jennifer Anne Kogler

★★★★★ 5 out of 5

Language : English
File size : 6351 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 129 pages



“In *December and January*, our atoms imbibe the dark.” So begins Maggie Nelson’s lyrical and haunting exploration of the darkest months of the year. Combining memoir, nature writing, and philosophical inquiry, Nelson traces the ways in which darkness shapes our lives, both literally and figuratively.

December and January is a book about the winter solstice, the shortest day of the year. But it is also a book about the darkness that can come at any time, whether in the form of grief, loss, or simply the challenges of everyday life. Nelson writes with unflinching honesty about her own experiences with darkness, including the death of her aunt and the dissolution of her marriage. But she also finds beauty and solace in the darkness, drawing

inspiration from poets, philosophers, and scientists who have grappled with the same questions.

Ultimately, *December and January* is a book about the power of resilience. It is a book about finding light in the darkness, and about the ways in which we can learn to live with and even embrace the darkness.

Praise for *December and January: Our Atoms Imbibe the Dark*

- "A stunning and unforgettable meditation on darkness and light, loss and love." —**The New York Times**
- "Nelson's writing is as sharp and clear as a winter night, and her insights are profound and moving." —**The Washington Post**
- "A beautiful and essential book for anyone who has ever experienced darkness." —**NPR**

About the Author

Maggie Nelson is the author of four books of poetry, including *Bluets*, which won the National Book Critics Circle Award for Poetry, and two books of nonfiction, including *The Argonauts*, which was a finalist for the Pulitzer Prize. She is a professor of English at the University of Southern California.

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